



Lets Talk About it

Understanding Mental Illness

Mental Illness Awareness Week 2009



This week is Mental Illness Awareness Week. Designated by Congress a decade ago, Mental Illness Awareness Week brings public awareness and understanding of the biological brain disorders such as major depression, bipolar disorder, schizophrenia, anxiety disorders, and post-traumatic stress disorder.

Mental illness does not discriminate on the basis of gender, ethnic origin, education, economic status or religion. It may happen to anyone. The good news is that effective treatments have been developed during the past two or three decades, and we know that recovery is possible. At the Ben Gordon Center, we offer a wide range of mental health and substance abuse services for adults, children and families. Treatment is available and treatment does work.



Our staff of caring professional has experience in working with individuals on a variety of mental health and substance abuse challenges including:

- Anxiety
- Depression
- Bi-Polar Disorder
- PTSD
- ADHD/ADD
- Divorce
- Family Counseling
- Couples and Marital Counseling
- Trauma
- Sexual Abuse
- Alcohol Abuse
- Drug Abuse
- Autism



Every family at some point may need assistance when they are not able to cope with the stress and challenges facing family members. This week we are offering Free Walk-In or on line Mental Health and Alcohol Screenings. The Ben Gordon Center is a skilled provider in individual, marital and family counseling. Our staff is experts in counseling for adults, children, teens and families. The Ben Gordon Center offers services on a sliding fee for those who qualify and accepts Medicaid, Medicare, and all Insurance Plans. The Ben Gordon Center is fully accredited by JCAHO, Illinois Division of Mental Health and the Division of Alcohol and Substance Abuse Services.

*For More information about the free mental health and alcohol screenings or about Mental Health and Substance Abuse Services
Call 815-756-4875*

Or visit our Website at [www. Bengordoncenter.org](http://www.Bengordoncenter.org)



Trust the Experts in Behavioral Health™